

IRISH YOGURTS

CLONAKILTY

RASPBERRY SMOOTHIE



By Irish Yogurts Clonakilty

Raspberry Smoothie

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Method

- Blend the raspberries, banana, Irish Yogurts Clonakilty Kefir and ice cubes in a blender. Blend until smooth.
- Serve into glasses or bowl of your choice

Ingredients

- 1 Cup of [Irish Yogurts Clonakilty Kefir Natural](#)
- 2 Cups of Frozen Raspberries
- 1 Banana
- 4 Ice Cubes

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