

IRISH YOGURTS

CLONAKILTY

POPSICLES



By Irish Yogurts Clonakilty

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Category: Dessert

Method

- Wash blackberries and mash with a fork, add 1 teaspoon of honey and mix.
- Put the fruit through a sieve and set aside ready to use for the popsicles
- Add 1 teaspoon of honey into [Irish Yogurts Clonakilty Half-Fat Crème fraîche](#) and mix in
- Fill the popsicle moulds in layers of fruit and Crème fraîche to your liking, or fold the sieved fruit into the Crème fraîche mix and fill the moulds
- Ensure there is no air bubbles in the popsicles
- Place in the freezer overnight
- Running the moulds under warm water will ensure easy removal from the moulds

Ingredients

- 2 cups of Blackberries or other fruits of your choice
- 250g [Irish Yogurts Clonakilty Half-Fat Crème fraîche](#)
- 2 tsp of honey
- Sieve
- Popsicle moulds

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