## IRISH YOGURTSE; ${ }_{3}$

## CLONAKILTY

## CHEF EDWARD HAYDEN'S APPLE \& BLUEBERRY MUFFINS



By Irish Yogurts Clonakilty

> Apple \& Blueberry Muffins

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Prep Time: 5
Total Time: 5 min
Category: Dessert
Method

- Preheat the oven to $350^{\circ} \mathrm{F} / 180^{\circ} \mathrm{C} /$ gas mark 4
- Line a 12 cup muffin tray with muffin paper cases
- Mix the flour and sugar together
- Rub in the butter with the tips of your fingers
- Break in the eggs, the Irish Yogurts Clonakilty Whole Milk Natural Live Yogurt and milk and


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mix well. Next, add in the grated apple and blueberries and mix well

- Spoon into prepared muffin tins, bake for 20-25 minutes until golden brown and puffed up

Ingredients

- 50z/150g of Irish Yogurts Clonakilty Whole Milk Natural Live Yogurt
- $1 \mathrm{lb} / 450 \mathrm{~g}$ self raising flour
- 6oz/175g of caster sugar
- 40z/110g of butter
- 2 large eggs
- 2floz/50ml of milk
- 1 large apple-peeled and grated
- 50z/150g of blueberries

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