

# IRISH YOGURTS

## CLONAKILTY

### GRANOLA CUPS



#### Granola Cups

By Irish Yogurts Clonakilty

#### Method

- Mash Banana in a large bowl, Add in granola. Honey, Vanilla, and a pinch of salt.
- Fill a greased muffin tin with the mixture and use a spoon to push the mixture to the bottom and sides of the tin.
- Place into the fridge to chill for 1 hour.
- Preheat oven to 180 degrees Celsius and bake for 30 minutes.
- Let cool.
- Fill with your favourite [Irish Yogurts Clonakilty flavour](#) or [Irish Yogurts Clonakilty Natural Kefir](#) and drizzle in your sauce topping

#### Ingredients

- 1 Banana
- 1 ½ Cups granola
- ¼ cup honey
- 1 Teaspoon Vanilla essence
- Salt, to taste
- Fruit for filling
- [Irish Yogurts Clonakilty Low fat Natural Live Yogurt](#) or [Irish Yogurts Clonakilty Natural Kefir](#)