



CLONAKILTY

BLUEBERRY AND BANANA SMOOTHIE



By Irish Yogurts Clonakilty

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Method

1. Blend blueberries, banana and [Irish Yogurts Clonakilty Whole Milk Natural Live Yogurt](#) or [Irish Yogurts Clonakilty Low Fat Greek Style Natural Live Yogurt](#) and ice cubes in a blender and blend until smooth.
2. Serve into smoothie glasses of your choice

Ingredients

- 1 cup of [Irish Yogurts Clonakilty Whole Milk Natural Live Yogurt](#) or [Irish Yogurts Clonakilty Low Fat Greek Style Natural Live Yogurt](#)
- 250g of Blueberries
- 1 large banana
- 4 ice cubes

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