



## CLONAKILTY

# YOGURT OR KEFIR BREAKFAST BOWL



By Irish Yogurts Clonakilty

Fresh Fruit and Yogurt/Kefir Breakfast Bowl

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Method

Treat yourself with this healthy [Irish Yogurts Clonakilty Low Fat Natural Live Yogurt](#) OR [Irish Yogurts Clonakilty Spoonable Kefir](#)

breakfast bowl-a great start to any morning!

Ingredients

- [Irish Yogurts Clonakilty Low Fat Natural Live Yogurt](#) OR [Irish Yogurts Clonakilty Spoonable Kefir](#)
- Fresh Fruit of Your Choosing
- Granola/Muesli
- Honey (optional)

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