



CLONAKILTY BREAKFAST PARFAIT



By Irish Yogurts Clonakilty

Breakfast Parfait

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Method

- Enjoy a healthy breakfast with a mixture of your favorite fruit and [Irish Yogurts Clonakilty Spoonable Natural Kefir](#) or [Irish Yogurts Clonakilty Whole Milk Natural Live Yogurt](#)

Ingredients

- [Irish Yogurts Clonakilty Spoonable Natural Kefir](#) or [Irish Yogurts Clonakilty Whole Milk Natural Live Yogurt](#)
- Strawberries
- Blueberries
- Honey (optional)

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