

PANCAKES WITH BLUEBERRIES AND CRÈME FRAÎCHE



By Irish Yogurts Clonakilty

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Method

For the Pancakes

- In a large bowl, whisk together the flour, baking powder and granulated sugar
- In another bowl or jug, mix together the eggs and yogurt
- Mix wet ingredients into dry ingredients until just combined. Do not over mix
- Allow your batter to chill in the fridge for approximately 10 minutes
- Heat your frying pan or skillet on a medium heat. Add in your butter.
- Pour a ladle of the batter onto the hot pan
- Once bubbles begin to rise and pop on the surface, flip the pancake with a spatula. Cook for another minute
- Repeat with the rest of the batter

For the Blueberries



- Add the blueberries, sugar and lemon juice to a saucepan and put over a gentle heat.
- When the blueberries start to burst remove from the heat and set aside

To Serve

• Spoon the blueberries over the pancakes and add a dollop of Crème Fraîche

Ingredients

For the Pancakes

- o 250g plain flour
- 1.5 tsp baking powder
- 2 tbsp granulated sugar
- o 3 eggs
- 150g of Irish Yogurts Clonakilty Low Fat Greek Style Natural Live Yogurt
- 100ml milk
- o 2 tbsp butter

For the Blueberries

- 200g Blueberries
- 1 heaped tablespoon of castor sugar
- Juice of half a lemon

To Serve

o Irish Yogurts Clonakilty Half Fat Crème Fraîche

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