POPSICLES

By Irish Yogurts Clonakilty

By Irish Yogurts Clonakilty

Category: Dessert

Method

- Wash blackberries and mash with a fork, add 1 teaspoon of honey and mix.
- Put the fruit through a sieve and set aside ready to use for the popsicles
- Add 1 teaspoon of honey into **Irish Yogurts Clonakilty Half-Fat Crème fraîche** and mix in
- Fill the popsicle moulds in layers of fruit and Crème fraîche to your liking, or fold the sieved fruit into the Crème fraîche mix and fill the moulds
- Ensure there is no air bubbles in the popsicles
- Place in the freezer overnight
- Running the moulds under warm water will ensure easy removal from the moulds

Ingredients

- 2 cups of Blackberries or other fruits of your choice
- 250g **Irish Yogurts Clonakilty Half-Fat Crème fraîche**
- 2 tsp of honey
- Sieve
- Popsicle moulds

Error: Contact form not found.