



CLONAKILTY

STRAWBERRY & RASPBERRY SMOOTHIE



By Irish Yogurts Clonakilty

Breakfast Parfait

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Method

- Blend strawberries, raspberries, milk (optional), [Irish Yogurts Clonakilty Low Fat Natural Live Yogurt](#) or [Irish Yogurts Clonakilty Low Fat Greek Style Natural Live Yogurt](#), honey, and vanilla extract (optional) in a blender until smooth.

Ingredients

- 1/2 cup raspberries
- 1 cup fresh strawberries
- 1 Tablespoon Honey
- 1 tsp Vanilla Extract (optional)
- 1/2 cup [Irish Yogurts Clonakilty Low Fat Natural Live Yogurt](#) or [Irish Yogurts Clonakilty Low Fat Greek Style Natural Live Yogurt](#)
- 1/2 cup milk (optional)